

HALLUX VALGUS WITHOUT SURGERY



HALLUX VALGUS WITHOUT SURGERY

What I offer:

- ❖ Relief **pain**
- ❖ Reduce bunions
- ❖ Increase **better posture of the whole body**
- ❖ Allows that bunions **WILL NOT APPEAR AGAIN**
- ❖ Without **BLOOD**, without **KNIFE**, without **LONG** post-operative rehabilitation

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**The first treatment
2018/10**



After 8 months



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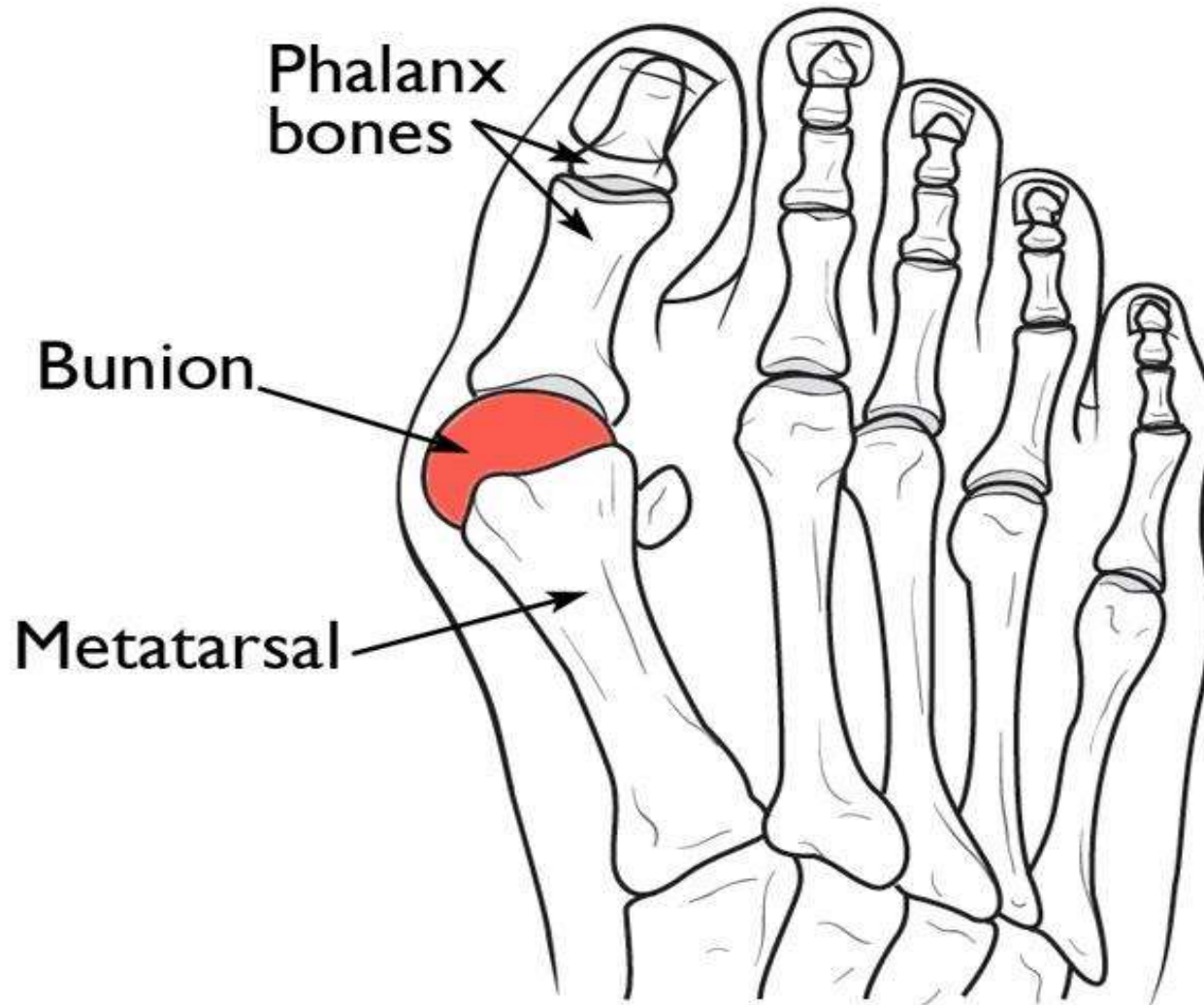
After 6 months

The first treatment



After 6 months

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Hallux Valgus is a condition that has a hereditary factor and is often familial. It is usually seen in patients with excessive foot pronation who use tight shoes. Hallux Valgus is an extension of the front of the foot that suffers the most load during walking and standing, resulting in increased looseness of the ligaments of the front of the foot, especially the first and fifth metatarsal heads. The metatarsal angle increases with Hallux Valgus from 1° to 2° to approximately 12° , resulting in increased Valgus deviation of the thumb toward the second big toe. With this altered position, and with the pronation and / or compression of the shoe, the clinician can see the development of callus, exostosis, and thickening of the bursa (all three forming a bunion) on the side of the first head of the metatarsal bone. The treatment is aimed at the controlled pronation of the feet with the help of special manual techniques that improve the statics of the feet and the whole body. The callus can be excised, and manual and physical medicine techniques (eg ultrasound) can be used to treat bursitis. If not treated adequately, Hallux Valgus will continue to progress and is often treated surgically if it is severe and painful.

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AllMax Concept is protected at the Institute for Intellectual Property in Belgrade, under number 0336/2019

- **Author of the original concept that includes a combination of different manual techniques for the correction of: bunions, foot and posture of whole body**
- **11 years of professional experience with bunions (Hallux Valgus)**
- **Over 40.000 therapies (patients treated)**
- **75% success in treating bunions**

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MAKSIMOVIĆ ALEKSANDRA

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Why is necessary to treat whole body together with the foot?

Anatomical Levels - Plans

Imagined levels allow:

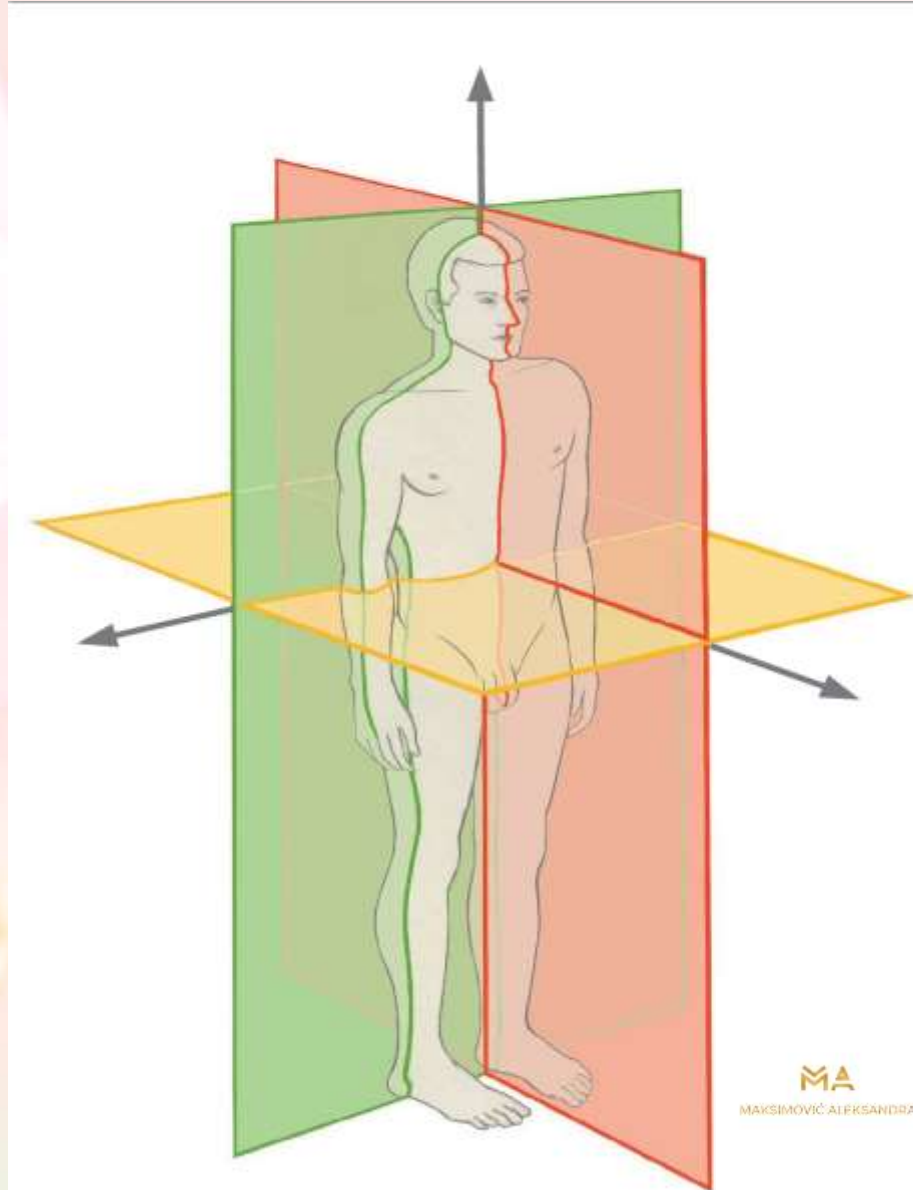
- Determining the correlations, position and direction of the body
- Describing the cross sections of the body

Subdivision Plans – Levels:

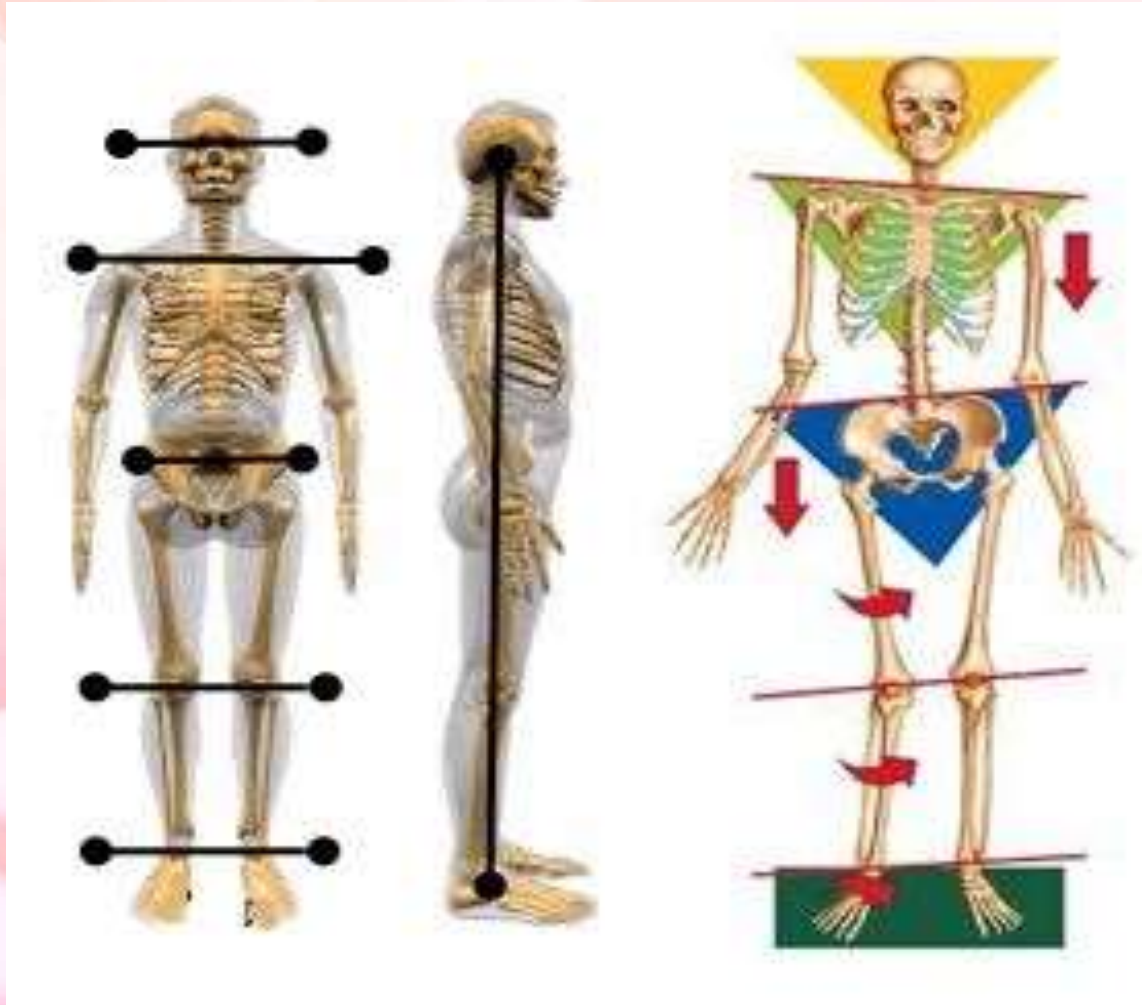
1. Frontal
2. Sagittal
3. Horizontal

Cross Sections:

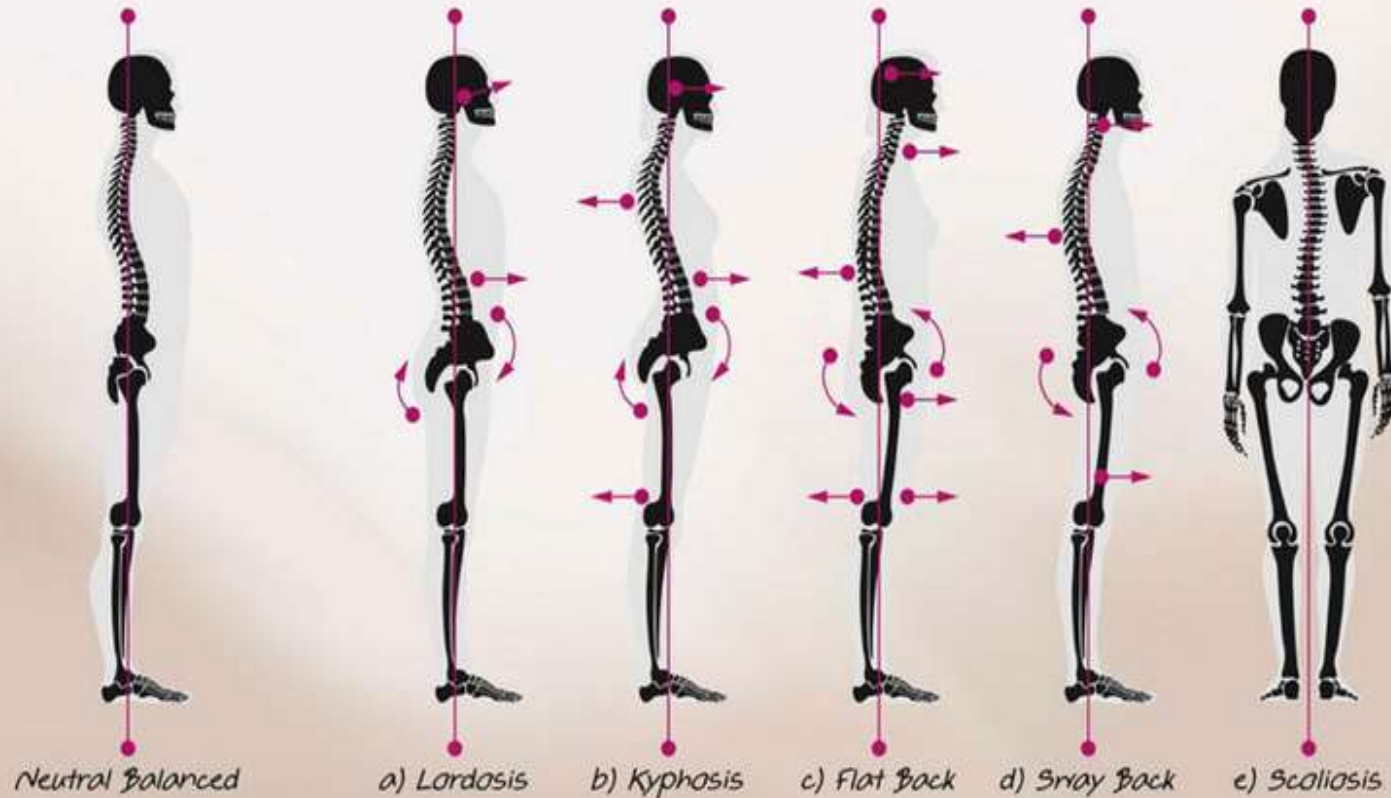
1. Transversal
2. Longitudinal
3. Slant/Oblique



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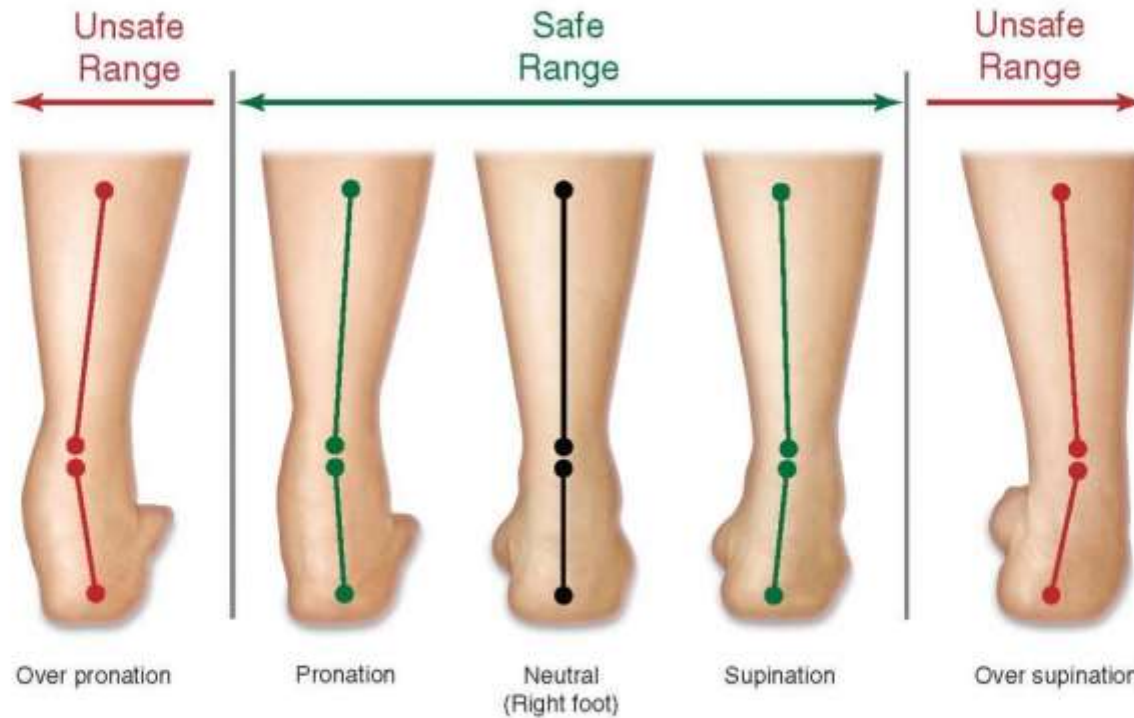


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Fig. 10



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Foot Types

Flat foot (Fallen arch)			
Normal foot			
Hollow foot (High arch)			

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LOOK SOME OF MY VIDEOS...

- 1) https://www.youtube.com/watch?v=8J_R74G31WE
- 2) <https://www.youtube.com/watch?v=ISJrc7-JaeQ&t=3s>
- 3) <https://www.youtube.com/watch?v=5iO212nJgkc&t=4s>
- 4) <https://www.youtube.com/watch?v=UA7TKAgXmCk&t=59s>
- 5) https://www.youtube.com/watch?v=FGw_gsiMaws&t=7s
- 6) <https://www.youtube.com/watch?v=mPc5-eMINYk>
- 7) <https://youtu.be/aRZa7JxFFHg>
- 8) <https://youtu.be/hnnk89T4z1Y>
- 9) [https://youtu.be/6WYFV7xH- 8](https://youtu.be/6WYFV7xH-8)
- 10) <https://youtu.be/Ll68Q9QkEO4>

THANKS FOR YOUR ATTENTION

